



CWA Savings & Retirement Trust

Catch-Up Contribution Election Form for Calendar Year 2019

Plan Id: 990500050

Participants who are at least 50 years old by the end of the Plan Year and expect to reach the IRS contribution limits, may be eligible to make additional "catch-up" contributions of up to \$6,000 for 2019. To be eligible to make the additional catch-up contribution a participant must be either contributing the maximum allowed under the Plan or expected to reach the current IRS maximum contribution limit of \$19,000.

For questions regarding the Plan operations and administration including contributions and other benefits issues, please contact the Benefits Managers at the CWA Trust Office at 1-202-434-1389 or by email at cwasrt@cwa-union.org.

1. PARTICIPANT INFORMATION (please print)

Name _____ Employer Name _____
Social Security Number _____ Date of Birth _____
Address _____ City _____ State _____ Zip Code _____
Phone Number _____ Email Address _____

2. CATCH-UP CONTRIBUTION ELECTION

Complete only if you will be at least 50 years old by the end of the 2019 calendar year and wish to make additional 401(k) Catch-up contributions of up to \$6,000 for 2019.

I elect to contribute \$ _____ or _____% per pay as Catch-up contributions (may not exceed the catch-up contribution limit of \$6,000 for 2019).

My payroll frequency is: ___ weekly ___ bi-weekly ___ semi-monthly ___ monthly

Stop/suspend my 2019 Catch-up contributions.

3. PARTICIPANT CERTIFICATION AND AUTHORIZATION (REQUIRED)

I hereby authorize my Employer to make the necessary payroll deductions from my compensation as indicated on this form. I understand my Employer will not match any portion of this Catch-up contribution to the Plan.

Participant's Signature _____ Date _____

Please complete, sign, and return this form to:

CWA Savings & Retirement Trust
Attn. Trust Office
501 Third St. NW
Washington, DC 20001

For faster service you can email form to cwasrt@cwa-union.org or fax to 1-202-783-2748
For questions please contact the CWA Benefits Managers at 202-434-1389

MassMutual Participant Service Center 1-800-854-0647
To access your account online please visit www.cwasrt.com and select Login.